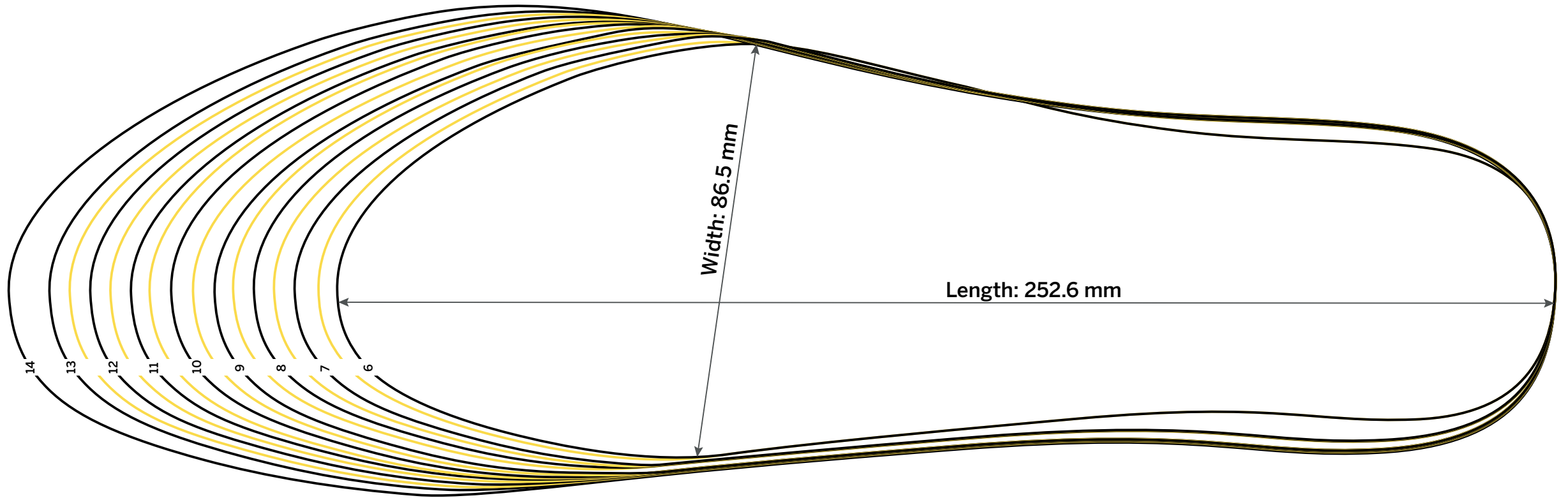


ADULT WRESTLING SHOES



Measurements are based on the inside length of the shoe.

Do not reference the external outsole measurements of your shoes, instead compare against the measurement of your foot.

USE THIS CHART: Print and select the option DO NOT SCALE. Align the back of your heel with the size you typically wear.

Allow approximately 5mm of extra space from the end of your toe to the end of the shoe size you choose.

For **WIDE** feet, size up 1 full size.

Shoe Size	6	6.5	7	7.5	8	8.5	9	9.5	10	10.5	11	11.5	12	12.5	13	14
Length (mm)	252.6	256.3	261.1	265.7	269.6	273.8	277.6	282.1	286.7	291.1	295.0	299.3	303.4	307.7	311.9	320.4
Width	86.5	87.1	89.3	90.0	90.7	91.4	93.1	94.0	94.7	95.2	95.8	96.7	97.7	98.8	99.9	102.2